



Lunch 11 am - 2 pm & Dinner 5 pm - 10 pm

SALADS & STARTERS

Soup & Salad Bar

Served Monday - Friday from 11am - 2pm
 Selection of freshly prepared salads with accompaniments,
 freshly baked breads, baked potato bar, & a daily variety of
 house-made soups.....7.95

Soup du Jour ▫ Chef's daily selection of fresh ingredients	5	Sensation Salad ▫ fresh lettuce, tomato, red onion, and parsley tossed with romano dressing	6
Capstone Chili ▫ topped with cheese	6	With seared salmon	10
House Salad ▫ mixed baby greens, grape tomatoes, cucumber & your choice of dressing	5	Buffalo Chicken Wings ▫ tossed in a spicy sauce with crunchy celery sticks, baby carrots & choice of Ranch or Bleu Cheese dressing	8
BLT Iceberg Wedge ▫ applewood smoked bacon, grape tomatoes, bleu cheese crumbles	7	Nachos ▫ fried tortilla chips topped with housemade chili, jalapenos, & a blend of shredded cheeses	7
Traditional Caesar Salad ▫ chopped romaine lettuce, croutons & shaved parmesan tossed in Caesar dressing	7	Chicken Quesadillas ▫ marinated chicken breast & a duo of cheeses in a grilled flour tortilla— served with quacamole, sour cream, shredded lettuce & salsa	10
With grilled chicken	11	Chicken Tender Basket ▫ crispy chicken tenders alongside shoestring fries with your choice of ranch dressing or honey mustard	9
With seared salmon	13		
Tarragon Chicken Salad ▫ with sliced apple & grape garnish on a bed of mixed greens	9		

Brick-Oven Pizza

With your choice of 2 Toppings

8 " Small - 8.75 16" Large - 16 Additional toppings - .75 ea

Pepperoni	Mushrooms	Jalapenos
Sausage	Onions	Bell Peppers
Ham	Black Olives	Tomatoes

Wine by the Glass

by Canyon Road, California

	Bottle	Glass
Sauvignon Blanc	16	5
Chardonnay	16	5
Pinot Grigio	16	5
Cabernet Sauvignon	18	6
Merlot	18	6
Pinot Noir	18	6

Burgers & Sandwiches

available with your choice of handcut potato chips, sweet potato fries, or french fries

The Bama Burger ▫ 1/2 lb Black Angus beef burger with your choice of grilled onions, mushrooms, bacon, & cheddar or bleu cheese on a toasted roll	12
Turkey Reuben ▫ roasted turkey breast, sauerkraut, swiss cheese, & thousand island dressing on toasted rye bread	9
The Capstone Club ▫ a triple-decker of ham, turkey, bacon, american & provolone cheeses on your choice of bread	11
Grilled Chicken ▫ boneless & skinless chicken breast, applewood bacon, sauteed onions & white barbecue sauce on a toasted bun with a side of lettuce & tomato	10
Braised Brisket Sandwich ▫ with barbecue aioli & crispy onions on a grilled hoagie roll	10
Catfish Po-Boy ▫ topped with creole remoulade, lettuce, tomato, & onion on a toasted roll, garnished with lemon	10
Turkey Pesto Panini ▫ with fresh mozzarella, spinach, basil pesto & vine-ripened tomato	10
<i>Without Smoked Turkey</i>	8
Buffalo Chicken tender Sandwich ▫ fried chicken tenders tossed in a spicy sauce with your choice of dressing, lettuce & tomato	10
Grilled Three Cheese ▫ a blend of swiss, provolone, & American on Texas toast	7

Entrees

Spaghetti and Meatballs ▫ pasta spun with fresh garlic-basil marinara, topped with savory meatballs & parmesan cheese	9
Chargrilled Ribeye ▫ 10 oz Ribeye, grilled to taste, with french fries, garlic-herb butter & a Sensation side salad	23
Housemade Meatloaf ▫ green beans sauteed with onions & bacon, mashed potatoes & mushroom gravy	10
Gulf Fish and Grits ▫ seasonal fish, grilled or blackened, served atop parmesan grits finished with an applewood bacon & tri-pepper butter sauce	14

Desserts

Chocolate Mess ▫ our own chocolate cobbler with pecans, chocolate sauce, & whipped cream	6
Key Lime Pie ▫ with whipped cream	5
NY Style Cheesecake ▫ with fresh strawberries	6

We Accept Bama Cash

Consumption of raw or uncooked meats, poultry, eggs, fish or shellfish may increase the risk of food borne illness.
Please ask your server for country of origin of fish or fish product.

20% Gratuity will be added to parties of 6 or more